

Coaches Meeting

Fall 2011

GLRSA

Enjoy the Sport of Soccer!

Contact Info

- **E-Mail:** glrsa1@aol.com
- **Web Site:** www.glrsa.org
 - GLRSA will make every effort to keep schedules, standings, and tourney information up-to-date

Goal Safety is a Must!

- **Do not practice with unanchored goals**
- **If you notice goals are unanchored, please set them down and send an email to GLRSA as soon as possible. Call your area rep if needed!**
- **If a goal falls on a child, it could kill them!**

Philosophy of GLRSA

- GLRSA is a recreational league – having fun is very important! **This is not the World Cup!**
- U6 – not competitive – every game is a tie (don't keep score)
- U7/U8/U9/U10 – teach the game of soccer, play the kids at all positions, teach proper techniques
- U12/U15/U18 – begin to match kids to their strengths and introduce new soccer skills, plays, etc.

Season Schedule

- Contact all players by August 18
- Practices start August 16 – check the website for field closures
- August 27 - Games begin for most teams
- October 17 - 23– Single Elimination Tourney for U9, U10, U12, U15 teams
- October 22 – Last Games for U6, U7, U8

Coaches Packets

- Schedules are on-line – thanks Jeff/Jim
- Roster and Coaches List
- Field Information
 - Do not practice at the Landing/Commons
- Policies and Rules
- Photographer information
- Sideline Rule – please follow

Game Playing Time

- As a recreational league, all players should get equal playing time assuming they are attending practice
- Based on roster sizes vs number players on field, each player should play at least half the game
- U6/U7/U8 should play in at least two quarters
- U10/U12/U15 should play in each of the 20/25/30 min. halves
- Equal playing time also applies to tournament

Reschedules

- Only in extreme circumstances like a school function (not because the head coach can't make it, Purdue football games, other sports like travel soccer, football, baseball, volleyball, softball, etc.)
- Any reschedules must be requested by August 24 (**both coaches must agree on rescheduling the game, the new date, new location, and new time - please provide advanced notice to GLRSA so we can ensure a referee is available for the game. Please wait for confirmation from GLRSA that the rescheduling request was approved**)
- Games must be played within one week of original date (before or after)

Team Meetings

- Please share the information in the coaches packet with your parents at the first or second practice.
 - Encourage sportsmanship from the players and parents at all times – especially towards the referees and the other players!
 - Communicate with your parents about your expectations

Helpful Practicing Tips

- Practices should not start prior to 5:00pm unless all of your parents agree their child can make it
- Practices should not last more than 1 hour (unless you are only practicing once per week)
- You should practice no more than 2 times per week in most cases
 - This isn't the World Cup
 - U6 practice – 1 to 2 times per week for max of 45 minutes each practice
 - U7 - U10 practice – 1 to 2 times per week for max of 1 hour each practice
 - U12/U15 practice – 1 to 2 times per week for a max of 1.5 hours each practice
- **GLRSA players should not be practicing with non-GLRSA players**

T-Shirts

- Do **NOT** call The Athlete/Custom Tees. If you have questions or concerns about your shirts, contact GLRSA via email at glrsa1@aol.com.

NOTES:

- The league limits three coaches' shirts per team. Additional coaches' shirts are not allowed. Please send an email to GLRSA if you add an assistant coach to your team with their name, phone number, and shirt size. We will then order a shirt. The shirt will be ready in approximately 5 business days.
- Please check your shirt order within 48 hours to make sure it is correct. Do not wait until your first game. If parents ordered the wrong size and request another one, they will be responsible for buying a second shirt. If sizes are slightly off, please try to use what you received.
- Please check your opponent's shirt color prior to the game. The Away team is responsible for alternative shirts. Pennies can be ordered from The Athlete/Custom Tees. Also, check with the concession stands at CAT Park and Davidson. We may have some there as well.

Photographers

Contact “your” photographer ASAP to schedule team pictures. (Every team has to take pictures – plaques are needed for the sponsors)

- Jim from Jim’s Photo Gems = All 161 teams
- Forms are located on our website (**Forms/Coaches**)

Weather Policy

- View website and/or hotline for messages
- Go to field even if weather does not look promising
- Referee or GLRSA will make decision on rain/lightning
- Soccer is an outdoor, all-weather sport (**Everyone should dress for the weather**)
- If games are cancelled, GLRSA will handle reschedules
- If a game has reached halftime, it is considered a complete game

What does Goalie possession look like?

- If the goalie is laying down on the ground and has one finger on the ball, the goalie is considered to be in possession of the ball – no exceptions!
- Safety first – no one needs to get hurt!
- Please explain this to your parents and most importantly to your players. We do not need to have a goalie get kicked in the hand or face.

What does a ‘hand ball’ look like?

- Just because the ball hits you in the hand or the arm, doesn't mean there is a handball
- It's more about the hand/arm hitting the ball versus the ball hitting the hand/arm
- Arms in a non-playing position
- Please explain this to your players and most importantly to your parents.

Mercy Guidelines

- Lopsided games do not benefit either team
- Challenge your players - extra passes, shoot with left foot, shoot from outside goal box, change your formation to fewer offensive players, tell goalie not to use their hands, defense is not allowed in the penalty area, etc.
- Move offensive minded players back to defense
- Goal kicks – pull your team back

Scores & Results

- Please e-mail the following information immediately after each game to glrsa1@aol.com:
 - **Date**
 - **Teams**
 - **Score**
 - **Division**

Additional Information

- GLRSA does not provide trophies to teams – exception is season ending tournament
- Golf carts are available at CAT Park and Davidson to transport the elderly and/or physically challenged

- Rosters are final – we are not adding any more players unless you lose players and have less than a certain number. Notify your area rep if a player quits or you can't get a hold of them.

Referee Policy

No referee policy – if no referee shows for your game, please work together to have a parent/coach referee the game. The game should be played as scheduled. Please report “no referee” with your game results.

Referee Callout

**This Sunday – August 21 at 8:00pm
Davidson Soccer Fields
850 E 400 South**

- **Personable, Responsible, Confident, Knowledge of the sport**
- **Min age is 14, no license required**
- **Reliable transportation a must**
- **Ability to deal with conflict a must**
- **Good communication skills needed**
- **Training provided and pays at least \$15/hour**

Contact us at glrsa1@aol.com

Field Preparation Help Needed!!!

- Davidson – 3/26 from 8:00am - 11:00am
- Cat Park – 3/26 from 11:30pm – 2:30pm
- Salisbury – 3/26 from 3:00pm – 6:00pm
- Practice fields to prepare as well (ECC, Amphitheater, Bishop Woods)
- Check the website for updates to this schedule! Back up dates are 3/27, 4/2, 4/3

Recent Changes

Reminder – changes made last Spring

- GLRSA ordered smaller goals to help with player development and competition. Please help us take care of these goals – they were very expensive.
- GLRSA and Little Mavs Soccer Club are now one entity

Fall

- GLRSA is breaking up the U10 division into two separate divisions (U9 and U10).

Helpful Coaching Tips

- New coaches – please don't hesitate to contact us – we will help you get started!
- Be prepared/do some research online
 - Practice plans, game plans, goalie shirt
 - Whistles and cones – touches on the ball is most important!
 - Coaches Recreational Manual – located on our website ([forms/coaches](#))
 - Medical waiver form – on our website under forms (not required)
- Communicate with and involve the parents
 - snacks, drinks, team party, trophies
- **Have FUN!!!**
- **Please help recruit new coaches!**

Questions???